

The Post Room

Cafe . Takeaway . Catering

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Breakfast/Brunch/Lunch

Full Welsh £8.95

2 bacon, 2 sausage, egg, beans, tomato, mushrooms, toast, black pudding & standard tea or coffee. G, E, M, SO, S

Monster Breakfast £10.60

3 bacon, 3 sausage, 2 eggs, 2 hash browns, beans, mushrooms, toast, black pudding & standard tea or coffee. G, E, M, SO, S

Lighter Breakfast £6.90

1 bacon, 1 sausage, egg, beans, mushrooms, toast & standard tea or coffee. G, E, M, SO, S

Breakfast Burrito £7.20

2 bacon, 2 sausage, scrambled egg, roquito peppers, salsa & cheese in a toasted tortilla wrap. G, E, M, SO, S

Brunch £8.95

2 bacon, 2 sausage, egg, beans, sauté potatoes & standard tea or coffee. G, E, M, SO, S

Ham, Egg & Chips E £9.25

Sausage, Beans & Chips SO, G, S £8.85

Vegetarian/Vegan

Veggie Breakfast £8.85

2 vegan sausage, 2 eggs, 2 hash browns, sauté mushrooms & cherry tomato, beans, toast & standard tea & coffee. G, E, M, SO, S

Vegan Breakfast £9.45

2 vegan sausage, 2 hash browns, our smashed avocado, sauté mushrooms & cherry tomato, beans, toast & standard tea or coffee (Vegan butter & plant-based milk available).

G, E, M, SO, S

Vegan Avocado on Toast £9.25

Our smashed avocado on sourdough toast with sauté mushroom & cherry tomato, 2 vegan sausage & beans. G, SO, S

Pancakes

3 Stack £5.65

With Maple Syrup or Nutella. G, E, M

Add: Streaky bacon (3 rashers) £1.80

Scrambled eggs £1.80

Fresh fruit £1.80

Eggs

Eggs Benedict £8.85

2 poached eggs on sourdough toast with home roast ham or streaky bacon & hollandaise sauce. G, E, M, SO

Eggs Royale £9.45

2 poached eggs on sourdough toast with smoked salmon & hollandaise sauce.

G, E, M, SO, F

Egg on Toast £4.90

2 poached or fried eggs on 2 doorstep white or granary toast. G, E, M, SO

Scrambled Egg on Toast £6.10

4 scrambled eggs on 2 doorstep white or granary toast. G, E, M, SO

Avocado on Toast £9.25

Our smashed avocado on sourdough toast with 2 poached eggs & streaky bacon or smoked salmon (Smoked salmon £1.45 surcharge). G, E, M, SO, S

3 Egg Omelette £9.25

With beans or salad & a choice of 3 fillings.

M, MU, E

Bacon Sausage Cheese

Ham Mushroom Onion

Peppers Tomato Chicken

Breakfast Extras

Bacon £1.00 Beans £1.00

Sausage £1.00 Hash Brown £0.80

Egg £1.00 Smoked Salmon £2.75

Sautés £2.60 Mushrooms £1.00

Chips £2.60 Black Pudding £1.00

Avocado £1.85 Bread & Butter £0.80

Toast £0.80 Sourdough £1.00

Jam £0.60 Marmalade £0.40

Daily specials available. Please see the daily specials boards or ask a member of our team.

Allergy advice G-cereals containing gluten, S-sulphites, E-egg, M-milk, F-fish, CR-crustaceans, L-lupin, C-celery, MU-mustard, SE-sesame, N-nuts, P-peanuts, SO-soya, MO-mollusc. If you have an allergy, always speak to a member of our team before ordering.

Baguette/Soft Roll/ Sandwich/Wrap

Served with your choice of salad & dressing.

Home Roast Ham & Coleslaw G, M, E, S, SO	£3.95
Mature Cheddar Cheese G, M, SO	£3.95
Tuna Mayo G, M, E, F, SO, S	£4.00
Roast Chicken G, SO, M	£4.10
Cajun Chicken G, M, SO, MU	£4.20
Roast Chicken & Smoked Streaky Bacon G, M, SO	£4.65
Brie & Cranberry G, M, SO, S	£4.00
Bacon, Lettuce & Tomato G, M, SO	£3.95
Hummus, Roast Pepper & Olives G, M, SO, SE	£4.10
Bacon or Sausage G, M, SO, S	£4.10
Bacon & Sausage G, M, SO, S	£4.60
Bacon or Sausage & Egg G, M, SO, S, E	£4.60
Bacon, Sausage & Egg G, M, SO, S, E	£5.10
Full Breakfast Roll (bacon, sausage, egg, mushroom & black pudding) G, M, SO, S, E, MU	£6.50
Fish Finger Sandwich with Tartare Sauce G, M, E, F, SO, S	£6.60
Breaded Chicken & Avocado Wrap G, M, SO, C, MU	£6.60

Baked Jacket Potato

Served with side salad and coleslaw.

Plain Potato	£3.50
Tuna Mayo F, E, M	£5.75
Cheese & Beans M	£5.75
BBQ Chicken & Bacon Melt M	£6.75
Curry of the Day	£6.75
Vegetable Chilli (Vegan)	£6.75

Cold Drinks

<i>Still Water</i>	£1.20	<i>Orange Juice</i>	£1.70
<i>Sparkling Water</i>	£1.20	<i>Milkshakes</i>	£3.65
<i>Cans</i>	£1.40	<i>Iced Latte</i>	£3.05
<i>Oasis</i>	£2.10	<i>Frappe</i>	
<i>Apple Juice</i>	£1.70	<i>(with Syrup)</i>	£3.95

Panini/Toastie

Breakfast Panini (bacon, sausage, mushrooms & cheese) SE, G, SO, M, MU, SE	£5.85
Ham & Cheese SE, G, SO, M, MU, SE	£4.85
Bacon, Brie & Cranberry SE, G, SO, M, MU, SE	£4.95
Tuna Melt SE, G, SO, M, MU, SE, F, E	£4.85
Roast Pepper, Pesto & Mozzarella SE, G, SO, M, MU, SE, N	£4.95
Smoked Bacon, Brie & Mushroom SE, G, SO, M, MU, SE	£5.50
BBQ Chicken & Bacon Melt SE, G, SO, M, MU, SE	£5.50
Chicken, Cheese & Chorizo SE, G, SO, M, MU, SE	£5.50
Cajun Melt (cajun chicken, roquito peppers & mozzarella) SE, G, SO, M, MU, SE	£5.35

Children's

Children's Lunch <i>2 fish fingers, or 2 chicken goujons, or 2 sausages with veggie sticks & cherry tomatoes, or chips & beans, or 1/2 jacket potato.</i> G, SO, S, M, E, F	£4.95
Children's Sandwich or Toastie	£3.25
Children's Breakfast G, E, M, SO, S <i>Any 3 breakfast items with toast & fruit juice.</i>	£4.75
Children's Pancakes G, E, M <i>With Nutella or Syrup. Add fruit:</i>	£3.75 £1.80

Hot Drinks

<i>Americano</i>	£2.35
<i>Flat White</i>	£2.85
<i>Cappuccino / Latte</i>	£2.95
<i>Mocha</i>	£3.85
<i>Flavoured Syrup</i>	£0.60
<i>Everyday Tea</i>	£1.90
<i>Flavoured Tea</i>	£2.10
<i>Hot Chocolate</i>	£3.00
<i>White Hot Chocolate</i>	£3.10
<i>Black Forest Hot Chocolate</i>	£3.85
<i>Babyccino</i>	£1.45
<i>Kids Hot Chocolate</i>	£1.80
<i>Cream / Marshmallows</i>	£0.35

**Ask us about our corporate and event
catering services!**