

The Post Room

Cafe . Takeaway . Catering

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Breakfast/Brunch/Lunch

Full Welsh **£9.50**

2 bacon, 2 sausage, egg, beans, hash brown, mushrooms, toast, black pudding & standard tea or coffee. G, E, M, SO, S

Monster Breakfast **£11.65**

3 bacon, 3 sausage, 2 eggs, 2 hash browns, beans, mushrooms, toast, black pudding & standard tea or coffee. G, E, M, SO, S

Lighter Breakfast **£7.40**

1 bacon, 1 sausage, egg, beans, mushrooms, toast & standard tea or coffee. G, E, M, SO, S

Breakfast Burrito **£7.85**

2 bacon, 2 sausage, scrambled egg, roquito peppers, salsa & cheese in a toasted tortilla wrap. G, E, M, SO, S

Brunch **£9.10**

2 bacon, 2 sausage, egg, beans, sauté potatoes & standard tea or coffee. G, E, M, SO, S

Ham, Egg & Chips **£9.55**

Sausage, Beans & Chips **£8.20**

Vegetarian/Vegan

Veggie Breakfast **£9.10**

2 vegan sausage, 2 eggs, 2 hash browns, sauté mushrooms & cherry tomato, beans, toast & standard tea & coffee. G, E, M, SO, S

Vegan Breakfast **£9.75**

2 vegan sausage, 2 hash browns, our smashed avocado, sauté mushrooms & cherry tomato, beans, toast & standard tea or coffee (Vegan butter & plant-based milk available).

G, E, M, SO, S

Vegan Avocado on Toast **£9.30**

Our smashed avocado on sourdough toast with sauté mushroom & cherry tomato, 2 vegan sausage & beans. G, SO, S

Pancakes

3 Stack **£5.70**

With Maple Syrup or Nutella.

Add:Streaky bacon (3 rashers) **£2.00**

Scrambled eggs **£2.00**

Fresh fruit **£2.00**

American Breakfast £9.50

Eggs

Eggs Benedict **£9.50**

2 poached eggs on sourdough toast with home roast ham or streaky bacon & hollandaise sauce. G, E, M, SO

Eggs Royale **£10.45**

2 poached eggs on sourdough toast with smoked salmon & hollandaise sauce. G, E, M, SO, F

Egg on Toast **£4.95**

2 poached or fried eggs on 2 doorstep white or granary toast. G, E, M, SO

Scrambled Egg on Toast **£6.40**

4 scrambled eggs on 2 doorstep white or granary toast. G, E, M, SO

Avocado on Toast **£9.45**

Our smashed avocado on sourdough toast with 2 poached eggs & streaky bacon or smoked salmon (Smoked salmon £1.45 surcharge). G, E, M, SO, S

3 Egg Omelette **£9.40**

With beans or salad & a choice of 3 fillings.

M, MU, E

Bacon Sausage Cheese

Ham Mushroom Onion

Peppers Tomato Chicken

Breakfast Extras

Bacon **£1.20** Beans **£1.00**

Sausage **£1.00** Glamorgan Sausage **£1.40**

Egg **£1.00** Hash Brown **£0.80**

Sautés **£3.10** Smoked Salmon **£3.60**

Chips **£3.10** Mushrooms **£1.00**

Avocado **£2.05** Black Pudding **£1.00**

Toast **£1.00** Bread & Butter **£1.00**

Jam **£0.90** Marmalade **£0.50**

Daily specials available. Please see the daily specials boards or ask a member of our team.

Allergy advice G-cereals containing gluten, S-sulphites, E-egg, M-milk, F-fish, CR-crustaceans, L-lupin, C-celery, MU-mustard, SE-sesame, N-nuts, P-peanuts, SO-soya, MO-mollusc. If you have an allergy, always speak to a member of our team before ordering.

Baguette/Soft Roll/

Sandwich/Wrap

Served with your choice of salad & dressing.

Home Roast Ham & Coleslaw	£4.20
G, M, E, S, SO	
Mature Cheddar Cheese	G, M, SO £3.85
Tuna Mayo	G, M, E, F, SO, S £4.45
Roast Chicken	G, SO, M £4.40
Cajun Chicken	G, M, SO, MU £4.50
Roast Chicken & Smoked	£5.10
Streaky Bacon	G, M, SO
Brie & Cranberry	G, M, SO, S £4.40
Bacon, Lettuce & Tomato	G, M, SO £4.20
Hummus, Roast Pepper &	£4.30
Olives	G, M, SO, SE
Bacon	G, M, SO, S £4.50
Sausage	G, M, SO, S £4.10
Egg	G, M, SO, S, E £3.90
Bacon & Sausage	G, M, SO, S £4.95
Bacon & Egg	G, M, SO, S, E £4.80
Bacon, Sausage & Egg	£5.60
G, M, SO, S, E	
Full Breakfast Roll (bacon, sausage, egg, mushroom & black pudding)	G, M, SO, S, E, MU £6.90
Fish Finger Sandwich with	£6.60
Tartare Sauce	G, M, E, F, SO, S
Breaded Chicken & Avocado	£6.60
Wrap	G, M, SO, C, MU

Panini/Toastie

Breakfast Panini (bacon, sausage, mushrooms & cheese) SE, G, SO, M, MU, SE £5.65

Ham & Cheese SE, G, SO, M, MU, SE £5.10

Bacon, Brie & Cranberry £6.50
SE, G, SO, M, MU, SE

Tuna Melt SE, G, SO, M, MU, SE, F, E £5.80

Roast Pepper, Pesto & Mozzarella SE, G, SO, M, MU, SE, N £5.50

Smoked Bacon, Brie & £6.80

Mushroom SE, G, SO, M, MU, SE

BBQ Chicken & Bacon Melt £6.80
SE, G, SO, M, MU, SE

Chicken, Cheese & Chorizo £6.80
SE, G, SO, M, MU, SE

Cajun Melt (cajun chicken, roquito peppers & mozzarella) SE, G, SO, M, MU, SE £6.80

Children's

Children's Lunch £4.95
2 fish fingers, or 2 chicken goujons, or 2 sausages with veggie sticks & cherry tomatoes, or chips & beans, or 1/2 jacket potato.
G, SO, S, M, E, F

Child's Sandwich or Toastie £3.35

Child's Breakfast G, E, M, SO, S £4.75
Any 3 breakfast items with toast & fruit juice.

Children's Pancakes G, E, M £3.80
With Nutella or Syrup. Add fruit: £1.85

Baked Jacket Potato

Served with side salad and coleslaw.

Plain Potato with Butter	£3.50
Tuna Mayo	F, E, M £6.80
Cheese & Beans	M £5.75
BBQ Chicken & Bacon Melt	M £7.30
Curry of the Day	£7.20
Vegetable Chilli (Vegan)	£6.95

Cold Drinks

Still Water	£1.20	Milkshakes	£3.85
Sparkling Water	£1.30	Iced Latte	£3.30
Cans	£1.45	Frappe	£4.10
Oasis	£2.20	Flavoured Soda	£3.10
Apple Juice	£1.80	Orange Juice	£1.80

Hot Drinks

Americano	£2.45
Flat White	£2.95
Cappuccino / Latte	£3.10
Chai Latte	£3.10
Mocha	£3.85
Flavoured Syrup	£0.65
Everyday Tea	£1.95
Chai Tea	£2.15
Flavoured Tea	£2.15
Hot Chocolate	£3.25
White Hot Chocolate	£3.45
Black Forest Hot Chocolate	£4.30
Kids Hot Chocolate	£1.80
Cream / Marshmallows	£0.40
Milk Alternative (Oat/Almond)	£0.30

Ask us about our corporate and event catering services!