

## Baguette/Soft Roll/ Sandwich/Wrap

With your choice of salad filling & dressing

Home Roast Ham & Coleslaw	£4.40
G, M, E, S, SO	
Mature Cheddar Cheese	G, M, SO £3.95
Tuna Mayo	G, M, E, F, SO, S £5.40
Roast Chicken	G, SO, M £5.40
Cajun Chicken	G, M, SO, MU £5.50
Roast Chicken & Smoked	£6.30
Streaky Bacon	G, M, SO
Brie & Cranberry	G, M, SO, S £6.00
Bacon, Lettuce & Tomato	G, M, SO £4.40
Hummus, Roast Pepper &	£5.30
Olives	G, M, SO, SE
Bacon	G, M, SO, S £5.00
Sausage	G, M, SO, S £4.50
Egg	G, M, SO, S, E £4.10
Bacon & Sausage	G, M, SO, S £5.90
Bacon & Egg	G, M, SO, S, E £5.90
Bacon, Sausage & Egg	£6.90
G, M, SO, S, E	
Full Breakfast Roll (bacon,	£8.20
sausage, egg, mushroom & black	
pudding)	G, M, SO, S, E, MU
Fish Finger Sandwich with	£6.95
Tartare Sauce	G, M, E, F, SO, S
Breaded Chicken & Avocado	£7.10
Wrap	G, M, SO, C, MU

## Baked Jacket Potato

Served with side salad and coleslaw.

Plain Potato with Butter	£5.20
Tuna Mayo	F, E, M £8.50
Cheese & Beans	M £7.10
BBQ Chicken & Bacon Melt	M £9.10
Curry of the Day	£9.50
Vegetable Chilli (Vegan)	£8.10

## Cold Drinks

Still Water	£1.20	Milkshakes	£3.85
Sparkling Water	£1.30	Iced Latte	£3.30
Cans	£1.45	Frappe	£4.10
Oasis	£2.20	Flavoured Soda	£3.10
Apple Juice	£1.80	Orange Juice	£1.80

# The Post Room

Cafe . Takeaway . Catering

☎	01633 872986
✉	bwyddacatering@outlook.com
🌐	www.thepostroom.co.uk

## Breakfast/Brunch/Lunch

Full Welsh	£9.85
<i>2 bacon, 2 sausage, egg, beans, hash brown, mushrooms, black pudding &amp; toast</i>	
G, E, M, SO, S	
Monster Breakfast	£12.85
<i>3 bacon, 3 sausage, 2 eggs, 2 hash browns, beans, mushrooms, black pudding &amp; toast</i>	
G, E, M, SO, S	
Lighter Breakfast	£7.65
<i>1 bacon, 1 sausage, egg, beans, mushrooms, &amp; toast</i>	
G, E, M, SO, S	
Breakfast Burrito	£9.90
<i>2 bacon, 2 sausage, scrambled egg, roquito peppers, salsa &amp; cheese in a toasted tortilla wrap.</i>	
G, E, M, SO, S	
Brunch	£9.65
<i>2 bacon, 2 sausage, egg, beans &amp; sauté potatoes.</i>	
G, E, M, SO, S	
Ham, Egg & Chips	E £10.15
Sausage, Beans & Chips	SO G, S £8.20
Loaded Chips	£7.65
<i>Cajun chicken, BBQ pulled pork or Breakfast chips</i>	

## Vegetarian/Vegan

Veggie Breakfast	£9.50
<i>2 vegan sausage, 2 eggs, 2 hash browns, sauté mushrooms &amp; cherry tomato, beans &amp; toast</i>	
G, E, M, SO, S	
Vegan Breakfast	£9.90
<i>2 vegan sausage, 2 hash browns, our smashed avocado, sauté mushrooms &amp; cherry tomato, beans &amp; toast</i>	
G, E, M, SO, S	
Vegan Avocado on Toast	£9.50
<i>Our smashed avocado on sourdough toast with sauté mushroom &amp; cherry tomato, 2 vegan sausage &amp; beans.</i>	
G, SO, S	

## Pancakes

<b>3 Stack</b> G, E, M	£6.70
<i>With Maple Syrup or Nutella.</i>	
<b>Add: Streaky bacon (3 rashers)</b>	£3.00
<b>Scrambled eggs</b>	£2.30
<b>Fresh fruit</b>	£3.00
<b>American Breakfast</b>	£11.20

## Eggs

<b>Eggs Benedict</b>	£10.50
<i>2 poached eggs on sourdough toast with home roast ham or streaky bacon &amp; hollandaise sauce.</i> G, E, M, SO	

<b>Eggs Royale</b>	£11.45
<i>2 poached eggs on sourdough toast with smoked salmon &amp; hollandaise sauce.</i> G, E, M, SO, F	

<b>Egg on Toast</b>	£4.95
<i>2 poached or fried eggs on 2 doorstep white or granary toast.</i> G, E, M, SO	

<b>Scrambled Egg on Toast</b>	£6.40
<i>4 scrambled eggs on 2 doorstep white or granary toast.</i> G, E, M, SO	

<b>Avocado on Toast</b>	£10.50
<i>Our smashed avocado on sourdough toast with 2 poached eggs &amp; streaky bacon or smoked salmon (Smoked salmon £1.45 surcharge).</i> G, E, M, SO, S	

<b>3 Egg Omelette</b>	£10.95
<i>With beans or salad &amp; a choice of 3 fillings.</i> M, MU, E	

Bacon	Sausage	Cheese
Ham	Mushroom	Onion
Peppers	Tomato	Chicken

## Breakfast Extras

Bacon	£1.40	Beans	£1.00
Sausage	£1.10	Glamorgan Sausage	£1.40
Egg	£1.10	Hash Brown	£1.00
Sautes	£3.10	Smoked Salmon	£3.60
Chips	£3.10	Mushrooms	£1.00
Avocado	£3.20	Black Pudding	£1.00
Toast	£1.10	Bread & Butter	£1.10
Jam	£0.90	Marmalade	£0.50

**Daily specials available. Please see the daily specials boards or ask a member of our team.**

**Allergy advice** G-cereals containing gluten, S-sulphites, E-egg, M-milk, F-fish, CR-crustaceans, L-lupin, C-celery, MU-mustard, SE-sesame, N-nuts, P-peanuts, SO-soya, MO-mollusc. If you have an allergy, always speak to a member of our team before ordering.

## Panini/Toastie

<b>Breakfast Panini (bacon, sausage, mushrooms &amp; cheese)</b> SE, G, SO, M, MU, SE	£6.20
<b>Ham &amp; Cheese</b> SE, G, SO, M, MU, SE	£5.80
<b>Bacon, Brie &amp; Cranberry</b> SE, G, SO, M, MU, SE	£8.40
<b>Tuna Melt</b> SE, G, SO, M, MU, SE, F, E	£7.90
<b>Roast Pepper, Pesto &amp; Mozzarella</b> SE, G, SO, M, MU, SE, N	£6.60
<b>Smoked Bacon, Brie &amp; Mushroom</b> SE, G, SO, M, MU, SE	£8.60
<b>BBQ Chicken &amp; Bacon Melt</b> SE, G, SO, M, MU, SE	£8.95
<b>Chicken, Cheese &amp; Chorizo</b> SE, G, SO, M, MU, SE	£8.75
<b>Cajun Melt (cajun chicken, roquito peppers &amp; mozzarella)</b> SE, G, SO, M, MU, SE	£8.75
<i>Add a side salad to your panini/toastie</i>	£2.80

## Children's

<b>Children's Lunch</b> 2 fish fingers, or 2 chicken goujons, or 2 sausages with veggie sticks & cherry tomatoes, or chips & beans, or 1/2 jacket potato. G, SO, S, M, E, F	£5.50
<b>Child's Sandwich or Toastie</b>	£3.75
<b>Child's Breakfast</b> G,E,M,SO,S Any 3 breakfast items with toast & fruit juice.	£4.95
<b>Children's Pancakes</b> G, E, M With Nutella or Syrup. Add fruit:	£4.10 £3.00

## Hot Drinks

Americano	£2.65
Flat White	£3.15
Cappuccino / Latte	£3.30
Chai Latte	£3.30
Mocha	£4.05
Flavoured Syrup	£0.65
Everyday Tea	£2.15
Chai Tea	£2.35
Flavoured Tea	£2.35
Hot Chocolate	£3.45
White Hot Chocolate	£3.65
Black Forest Hot Chocolate	£4.50
Kids Hot Chocolate	£1.95
Cream / Marshmallows	£0.40
Milk Alternative (Oat/Almond)	£0.30

**Ask us about our corporate and event catering services!**